



*Activities and Events:*

Youth Agency Network, Youth Council Meeting:

May 8, 2010 at UW-Extension on UW-Sheboygan Campus in room 5204. All 13-17 year olds of Sheboygan County are welcome. Contact Leslie Laster at (920) 803-7703 or Oris Jaramillo at (920)676-3287

Suicide/ Depression Information Nite:

May 10, 2010 - Riverview Middle School Auditorium from 7-8pm  
-Presenters will provide information and answer questions regarding adolescent suicide and depression. For more information, contact Tina Roelse at 920-893-2323 ext. 2105 or 1100.

State Prevention Conference:

June 22-24th at the Chula Vista Resort in Wisconsin Dells - The conference offers a cross-cultural environment that provides innovative environmental strategies, evidence-based programs, and the latest research in the prevention field.

## United Community for Youth Newsletter

*A Collaborative Newsletter featuring the Healthy Community/ Healthy Youth Initiative, Tobacco Prevention, and Drug-Free Community Support Program*

May/ June 2010 Edition

[www.frc-sc.org](http://www.frc-sc.org)

In This Issue:

**WI Goes Smoke-Free July 5**  
**I Have Assets: The Youth Agency Network**  
**That Time of Year Again, Prom and Graduation**

Quote to live by:

*Good habits formed at youth make all the difference.*  
-Aristotle

### WI Goes Smoke-Free July 5, 2010



“We can all breathe easier! Come out, join us!” That’s what Wisconsin businesses are encouraging people to do on July 5, 2010. On that date, Wisconsin will join the other 22 states that are 100% smoke-free in all workplaces, including restaurants and bars.

### *Meetings:*

Healthy Sheboygan County Alcohol and Other Drug Abuse Committee (HSC AODA) committee meetings are held at 7:45 am in Sheboygan at First United Lutheran Church on the 1st Wed. of each month. All are welcome to attend. Contact Phil Duket or Erik Wagner at (920) 892-6706 for more information.

### *Contact Information:*

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### *Hours & Locations*

In Sheboygan:  
(920) 457-1888  
2508 S. 8th St.  
Sheboygan, WI 53081

Sheboygan hours:  
Mon. 9-5  
Tues. 1-5  
Weds. 9-5  
Thurs. 9-1  
Closed on Fri.

In Plymouth:  
(920) 892-6706  
1209A Eastern Ave  
Plymouth, WI 53073

The State Legislature realized the dangers of secondhand smoke and passed a law to protect the health of everyone. The law will prohibit smoking in all indoor workplaces including:

- taverns
- lodging places
- restaurants
- bowling alleys
- theaters
- retail establishments
- private clubs
- buildings open to the public
- bus shelters and public transportation
- common areas of apartment buildings
- all other indoor places of employment

Smoking will also not be allowed in sports arenas of all kinds (Lambeau Field, Miller Park, gymnasiums, swimming pools, skating rinks, etc).

It is everyone's job to enforce the Smoke-Free Air Law and as seen in other states, the law is largely self-enforcing. The law requires the person in charge of an establishment to ask any person violating the law to stop smoking or leave. In the case of restaurants, bars and private clubs, the establishment must refuse to serve the violator if the person refuses to comply. Businesses cannot provide items such as ashtrays or matches to customers or employees.

Smoke-free air laws are good for health and good for business. Many businesses have decided to embrace the law and have gone smoke-free already, and the list is growing daily. For a list of smoke-free business or to get more information or resources on the Smoke-Free Air Law, please visit [www.wibettersmokefree.com](http://www.wibettersmokefree.com). For more Sheboygan County information, contact Elizabeth Abler, RN, at the Sheboygan County Division of Public Health at (920)459-3038 or at [ablereaa@co.sheboygan.wi.us](mailto:ablereaa@co.sheboygan.wi.us). Or contact Jason Laurin, Multijurisdictional County Coordinator, 920.652.0238 or [jason@newahec.org](mailto:jason@newahec.org).

Plymouth hours:  
Mon. 9-5  
Tues. 1-6  
Weds. 9-5  
Thurs. 1-6  
Closed on Fri.

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## I Have Assets: The Youth Agency Network (YAN)



Established in 1993, Sheboygan County youth agencies created the Youth Agency Network (YAN) to share information, provide support and opportunities for networking, avoid duplication of services, and ultimately work together to better serve the youth of Sheboygan County.

Recently, YAN decided to refocus its efforts. After some brainstorming and discussion, YAN members decided to continue to focus on outreach with other youth agencies but also to focus on two action-oriented endeavors. One of these endeavors is to build awareness of the Healthy Communities/ Healthy Youth Initiative featuring the 40 Developmental Assets. The subcommittee titled, *Community Asset Building*, is currently developing a survey to assess the county's strengths, weaknesses, and gaps. The subcommittee will then share the information with local youth agencies to use at their agencies.

The other crucial subcommittee is the *Youth Council*. This subcommittee is bringing youth together from all over Sheboygan County to empower them to make a difference in their community. The Youth Council is by youth, for youth, with support from YAN.

YAN and its Youth Council was chosen for the I Have Assets feature because of its strong relation to May and June's Asset of the Month: Positive Peer Influence and Personal Power. YAN is a strong believer in empowering youth to make their communities better. What better way to empower youth than to bring youth together from throughout the county and support the youth in making positive changes in their community. Moreover, what positive influences these youth council members are for their peers.

The United Community for Youth Newsletter and Healthy Communities/ Healthy Youth Initiative salutes the Youth Agency Network for their work with the 40 Developmental Assets and youth. For more information on YAN to become a member of either subcommittee, or refer youth to the Youth Council, contact Co-Chair Sarah Tarjeson at (920) 459-5915 or [sarah.tarjeson@ces.uwex.edu](mailto:sarah.tarjeson@ces.uwex.edu) or Co-Chair Erik Wagner at (920) 892-6706 or [erikfrc@excel.net](mailto:erikfrc@excel.net).

## That Time of Year Again, Prom and Graduation



Here are some facts: Statistics show that the months of April, May and June are the most dangerous for teens. One-third of the alcohol related traffic fatalities during these months involve teens. Moreover, 55 percent of car crashes involving teenage drivers during prom and graduation season involve alcohol.

April is Alcohol Awareness Month. Parents play a major role in preventing underage drinking and protecting not just our kids, but all the kids in our communities from the health and legal consequences associated with underage drinking.

One of the most effective prevention measures parents can take is to simply talk to their teens about the consequences and dangers of drinking at prom or graduation celebrations.

Did you know that 65 percent of youth who drink obtain the alcohol from older friends or a family member?

If no one would provide alcohol for teens, many things are preventable:

- Underage drinking
- Driving fatalities involving underage drinking
- Health Consequences and unwanted sexual activity related to underage drinking
- Problems associated with the underage drinking law and possible legal ramification

Here are just a few tips to help ensure your teen's prom and graduation are nights they will never forget - for happy reasons.

- Know what your teen's plan is for the evening.
- Communicate with other parents.
- Take an inventory of all the alcohol in your home and secure it.
- Know who is driving - if it is a rented limo, check their policy on allowing alcohol in the vehicle.
- Encourage seat belt use.
- Stay up for your teen's return home and let them know you will be waiting.

The hope is for all the kids in Sheboygan County to have safe, memorable, and fabulous prom and graduation celebrations.

Portions of this article were derived from the Round Rock Leader article, *Keeping Kids Safe at Prom and Graduation* and a special thank you to Bebe Johnson for permission to use the article. For more information on prevention and prevention efforts in Sheboygan County, contact Phil Duket at (920) 892-6706 or [pduket@excel.net](mailto:pduket@excel.net).

*The United Community for Youth Newsletter is a collaborative effort that would not be possible without the help from supportive affiliations: The Family Resource Center, the Healthy Communities/ Healthy Youth Initiative, the Drug-Free Communities Support Program, the Healthy Sheboygan County Alcohol and Other Drug Abuse Committee, and the Tobacco Free Council of Sheboygan County. For specific information on any of these projects, contact those mentioned at the end of each article OR for general information or resources specific to you, call the Family Resource Center at (920) 892-6706 or email [erikfrc@excel.net](mailto:erikfrc@excel.net).*