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March/ April 2011 Edition
**United Community
for Youth Newsletter**

*A Collaborative Newsletter
featuring the Healthy
Community/ Healthy Youth
Initiative,
Tobacco Prevention, and
Drug-Free Community
Support Program*

In This Issue:

[40 Million in U.S. Driving Drunk or Drugged](#)

[Ideas for Modern Living: Passion](#)

[Join the Fight Against Big Tobacco on March 23, 2011](#)

Activities & Events:

Kick Butts Day 2011

- Wed. March 23, 2011:
Kick Butts Day is a national day of activism that empowers youth to speak up and take action against Big Tobacco. For more information on local events, please contact Emily Dieringer, edieringer@co.winnebago.wi.us 920-232-3021 or Jason jason@newahec.org 920-652-0238 of the re:THINK, the Lakeshore Tobacco Prevention Network.

Quote to live by:

“Young people need models, not critics”
- John Wooden

40 Million in U.S. Driving Drunk or Drugged:

Most are aged 16 to 25, a new federal study finds.



By Steven Reinberg
HealthDay Reporter

THURSDAY, Dec. 9 (HealthDay News) -- Despite massive efforts to curb drunk driving, some 30 million Americans are driving drunk and another 10 million are driving drugged each year, federal officials report.

In fact, in some states the number of drunk and drugged drivers tops 20 percent, according to a report released Thursday by the Substance Abuse and Mental Health Services Administration (SAMHSA).

DEA Medication Drop-off

-Saturday, April 30, 2011:
The Drug Enforcement Agency is taking medications for disposal at no cost. Check with local law enforcement or the Sheboygan County Sherriff's Department for details and locations. Or contact Phil Duket at (920) 892-6706 or at pduket@excel.net.

Meetings:

Healthy Sheboygan County Alcohol and Other Drug Abuse Committee (HSC AODA) meetings are held at 7:45 am in Sheboygan at First United Lutheran Church on the 1st Wed. of each month. All are welcome to attend. Contact Phil Duket or Erik Wagner at (920) 892-6706 for more information.

Contact Information:

**Erik Wagner:
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**Phil Duket Drug-Free Community Support Program Coordinator
pduket@excel.net**

Mary Jo Tittl Director of the Family Resource

"This is a pretty high percentage of people that are operating a motor vehicle under the influence of something," said Peter Delany, director of SAMHSA's Center for Behavioral Health Statistics and Quality.

There has been a small decline in the number of those driving drunk or drugged, he added. "But, even though we are making advances, we still have a ways to go," he said. "The reality is any numbers are concerning."

Other SAMHSA officials noted that thousands of people are killed and maimed yearly by drunk and drugged drivers, even though the entertainment industry, in some movies such as *Due Date*, portrays drunk and drugged driving as "harmless fun."

According to the survey, an average of 13.2 percent of people aged 16 and older drove under the influence of alcohol and 4.3 percent drove under the influence of an illegal drug in the past year.

The numbers of drunk and drugged drivers varied from state to state, the survey found. Some states with the highest levels of drunk driving include Wisconsin (23.7 percent) and North Dakota (22.4 percent). The highest rates for drugged driving are in Rhode Island (7.8 percent) and Vermont (6.6 percent).

Those with the lowest rates of drunk driving include Utah (7.4 percent) and Mississippi (8.7 percent). For drugged driving, Iowa (2.9 percent) and New Jersey (3.2 percent) had the lowest levels, the authors found.

In addition, levels of drunk and drugged driving varied among age groups, with younger drivers much more likely to drive while impaired. Drivers aged 16 to 25 had a much higher rate of drunk driving, compared with those aged 26 and older (19.5 percent vs. 11.8 percent). Those aged 16 to 25 also had a higher rate of drugged driving than those aged 26 and older (11.4 percent vs. 2.8 per 40 Million in U.S. Driving Drunk or Drugged. Most are aged 16 to 25, a new federal study finds.

For more information on substance abuse, contact the Drug Free Communities Support Coordinator Phil Duket at pduket@excel.net or call (920) 892-6706.

Hours & Locations

In Sheboygan:
920-457-1888 2508 S.
8th St. Sheboygan,
WI 53081

Sheboygan hours:
Mon. 9-5
Tues. 1-5
Weds. 9-5
Thurs. 9-1
Closed on Fri.

In Plymouth:
(920) 892-6706
1209A Eastern Ave
Plymouth, WI 53073

Plymouth hours:
Mon. 9-5
Tues. 1-6
Weds. 9-5
Thurs. 1-6
Closed on Fri.

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Ideas for Modern living: Passion

Finding Your Element...Passion



Dr. Peter Benson of the Search Institute calls it a spark. Others use the word passion. In this article, Sir Ken Robinson refers to it as finding your element. He was asked by the Observer newspaper in the UK to contribute a 280 word piece on passion to regular series on Life Lessons. Here it is:

"Make the most of whatever it is that floats your boat..."

It was Jeremy Bentham, I believe, who said there are two types of people in this world: those who divide the world into two types and those who do not. Well, these days I do. On the one hand, I'm constantly surprised by how many people settle for so little fulfilment in their lives, who endure their lives rather than enjoy them. On the other, I know people who simply love what they do and couldn't imagine doing anything else. "This isn't what I do," they say, "this is who I am." There are people in every walk of life for whom this is true: people who are in their element. Being in your element involves doing something for which you have a natural aptitude. But it's more than that: it's about passion. You have to love it, too.

Passion can be a disconcerting idea in Britain, conjuring up images of fiery glances, pounding hearts and a hint of castanets. It's not always like that. Passion is a deep attraction. It can be for someone else or for a process: music, maths, cooking, sport, entrepreneurship, teaching... whatever fires your imagination and stokes your energy. We all have different aptitudes and we have unique passions. The challenge is to find them because it's in the fusion of both that we live our best lives.

An original meaning of "passion" is to suffer or endure, as in the Passion of Christ. Its modern meanings have evolved to include love, attraction and pleasure. Finding our own element is also a journey from endurance to enjoyment. It's a vital step, too, in moving from being one type of person to being the other type.

Sparks, passions, one's element, are all important facets of the 40 Developmental Assets and the Healthy Community/ Healthy Youth Initiative throughout Sheboygan County. To learn more about sparks or the 40 Developmental Assets, contact Erik Wagner at erikfrc@excel.net or (920) 892-6706 for a presentation today!

The United Community for Youth Newsletter is a collaborative effort that would not be possible without the help from supportive affiliations: The Family Resource Center, the Healthy Communities/ Healthy Youth Initiative, the Drug-Free Communities Support Program, the Healthy Sheboygan County Alcohol and Other Drug Abuse Committee, and the Tobacco Free Council of Sheboygan County. For specific information on any of these projects, contact those mentioned at the end of each article OR for general information or resources specific to you, call the Family Resource Center at (920) 892-6706 or email erikfrc@excel.net.

Join the Fight Against Big Tobacco on March 23, 2011



Looking for activities to engage youth in for Kick Butts Day on March 23, 2011? How about FACT! FACT (Fighting Against Corporate Tobacco) is a state-wide, youth-led movement that empowers youth to stand up and take action against “Big Tobacco” or Big T. FACT is not against smokers, it is about uncovering the lies big tobacco tells every day.

Wisconsin may be smoke-free, but that does not mean the tobacco industry is gone. Big T still tries to entice kids by using candy flavors and colors in their products and advertising to get young people addicted. Go to the convenience store and check for yourself, then decide if you want to expose Big T.

If your group is interested in becoming involved in a FACTivism (FACT+activism=FACTivism) for Kick Butts Day, please contact Emily Dieringer, edieringer@co.winnebago.wi.us 920-232-3021 or Jason jason@newahec.org 920-652-0238 of the re:TH!NK, the Lakeshore Tobacco Prevention Network.

